

# CHECKPOINT



## VFW Checkpoint – April 2024

Greetings, Checkpoint readers! We hope you enjoy this installment of your Checkpoint newsletter.

Please take this opportunity to see what other Posts around the world are doing to better their communities. Be sure to share the valuable information you get here with your fellow VFW members. If you know someone who is not receiving Checkpoint, encourage them to email [magazine@vfw.org](mailto:magazine@vfw.org) and get signed up.

In this issue, you will read how VFW Post members work together to make their communities better. Those members also recognize veterans and families. In March, six VFW Posts with the Department of Virginia paid tribute to 12 female veterans whose names are engraved on the Virginia Veterans Memorial in Richmond. Also in March, VFW Posts across the country honored Vietnam veterans. One such Post is 10904 in Manchester, Tenn. There, Vietnam veterans were treated to dinner and an evening of thanks and given a well-deserved “Welcome Home.” In San Diego, VFW Post 7420 worked to help flood victims. After the Post’s refrigerator went out, the community chipped in to purchase a new industrial-size refrigerator so that the Post could continue its mission of serving those in the community during a time of great challenge. Read these stories and more in your Checkpoint newsletter.

Be sure to let us know what your VFW Post is doing in your community. Include great photos showing your members in action. We are always looking to promote the great efforts of the VFW. Email [jdyhouse@vfw.org](mailto:jdyhouse@vfw.org) your suggestion, and you just might see it in an upcoming issue of Checkpoint.



### VFW Post Cooks Hundreds of Meals for Flood Victims

While working to prepare hot meals for hundreds of people affected by a recent flood, VFW Post 7420 had its refrigerator go out. [A news story spurred the community to donate to the Post for the purchase of a new industrial refrigerator so that the Post members were able to continue working.](#)



### Isle of Palms Post Retires U.S. Flags

VFW Post 3137 in South Carolina’s Isle of Palms worked with the Boy Scouts to properly retire more than 100 of U.S. flags. [The “Post on the Coast” holds these events twice a year.](#)



**Consumer Cellular**

# SWITCH & GET \$25 OFF.

Special Savings for Veterans. [CLICK HERE](#)



## Tennessee Post Thanks Vietnam Veterans

In Manchester, Tenn., VFW Post 10904 recognized Vietnam-era veterans with its seventh annual Vietnam-era Veterans Honor Dinner. [Commander Kimberly King said these dinners are especially important since Vietnam War vets did not receive due recognition when they returned home.](#)



## Virginia's Fallen Female Vets Remembered

During Women's History Month in March, six VFW Posts and Auxiliaries from the Department of Virginia paid tribute to the 12 women whose names are enshrined on the Virginia Veterans Memorial in Richmond. [National Auxiliary President Carla Martinez attended and offered her heartfelt gratitude for the sacrifices of those Virginians.](#)



**Proudly serving you**

That's the Benefit of Blue.®

[Learn More](#)

**BlueCross BlueShield**

**FEP Vision**®



## VFW Post 4456 Recognizes Vietnam Veterans

For National Vietnam War Veterans Day in March, VFW Post 4456 in Gilbert, Minn, hosted a celebration for Vietnam veterans. [Those Minnesotans killed in action in the Vietnam War were remembered.](#)



## VFW Store Selling Day of Service Shirts

The annual VFW Day of Service is rapidly approaching. If your Post members do not have Day of Service T-shirts, act now to make sure they order. [Shirts are offered for only \\$12 each.](#)



**MILITARY EXCLUSIVE PRICING & TAX-FREE SHOPPING!**

**\$SAVE NOW**



**AMERICA'S VetDOGS**  
EST. 2003

No Cost to Those Served

**Service Dogs for Veterans and First Responders with Disabilities**

**LEARN ABOUT ELIGIBILITY & APPLY TODAY!**

[VetDogs.org/Apply](http://VetDogs.org/Apply)

**PLANT IN YOUR EXISTING LAWN.**



ONE TIME, LIFETIME LAWN SOLUTION

**SAVE 50% AND GET FREE SHIPPING**

**SPECIAL PACKAGE** is ideal for planting areas up to 400 sq. feet. 100 ready-to-plant 3x3 inch **SUPER PLUGS** for just \$98 including shipping. **LIMITED MAY/JUNE OFFER!**

**GUARANTEED TO GROW or We'll Replace Grass FREE!**

**Zoysia Farm**

USE CODE 5399

[www.Zoysla.com](http://www.Zoysla.com)  
410-756-2311



**THE DOLLAR AND BANKS ARE FAILING!**

**Own Gold & Silver to Secure Your Wealth**



**UNITED STATES PRECIOUS METALS™**

*click here to order now*



**VFW National Convention is Fast Approaching**  
VFW's 125<sup>th</sup> National Convention is July 27-Aug. 1 in Louisville, Ky.  
[Learn more here.](#)



**Check Out PerkSpot**  
From entertainment and travel to everyday essentials, the VFW PerkSpot discount program will help you save even more! [Start saving today.](#)

Veterans of Foreign Wars, 406 W. 34th Street, Kansas City, Missouri 64111  
© 2018 All rights reserved. | ®™ SM  
Trademarks and service marks of VFW.

[One-Click Unsubscribe](#)

[View Online](#)



**VETERANS OF FOREIGN WARS.**

